

**Public Health Guidance U Receive by URL (“GURU”) Program
(Public Health Professional Mentor Program)**

Contact Information			
Date submitted	5/17/2007		
Name	Ruth Shrock		
Credentials	BS in Educ.; MS in Nutrition; MPH		
Title	Health Planning Administrator (Maternal and Child Health Block Grant Coordinator)		
Organization	Ohio Department of Health		
Address	246 North High Street, 6 th Floor		
City, State, Zip	Columbus, OH 43215		
Phone	614-644-8686		
Fax	614-644-9850		
E-mail	ruth.shrock@odh.ohio.gov		
County	Franklin		
Organization web site	ODH@ohio.gov		
Job category (you may indicate more than one. Please offer further explanation in the “professional background” section below.):	<input type="checkbox"/> Administrator	<input type="checkbox"/> Laboratory worker	<input type="checkbox"/> Vital statistician
	<input type="checkbox"/> Academician	<input type="checkbox"/> Lawyer	
	<input type="checkbox"/> Bioterrorism coordinator	<input type="checkbox"/> Mental health specialist	
	<input type="checkbox"/> Counselor	<input type="checkbox"/> Nurse	
	<input type="checkbox"/> Dentist	<input type="checkbox"/> Physician	
	<input checked="" type="checkbox"/> Dietician/nutritionist	<input checked="" type="checkbox"/> Program coordinator	
	<input type="checkbox"/> Epidemiologist	<input checked="" type="checkbox"/> Researcher	
	<input type="checkbox"/> Health economist	<input type="checkbox"/> Sanitarian	
	<input type="checkbox"/> Health educator	<input type="checkbox"/> Social worker	
	<input type="checkbox"/> Informatics specialist	<input type="checkbox"/> Veterinarian	
Background Information			
When started in public health (or # years in public health)	1983		
Educational background	BS in Education (Biology and Psychology) MS in Nutrition MPH		
Professional background	EPA Lead Grant Coordinator – Columbus Children’s Hospital – 1976-1982 Nutritionist – OSU Nisonger Center – 1982-1983 Perinatal Nutritionist – Ohio Department of Health – 1983 – 1985 Nutritionist Administrator - Ohio Department of Health – 1985 – 2000 Administrator, Research and Evaluation – 2000 – 2005 Coordinator, MCH Block Grant – 2005 - Present		
Association memberships	Ohio Public Health Association American Public Health Association Association of County, State and Territorial Epidemiologists		
Professional Information			
Top three tips—if you are looking for a job in	Have good writing skills – for both lay and scientific audiences Have a strong background in public health, particularly in the area of maternal		

my field	and child health Take courses in epidemiology; know what questions need to be answered
Top three tips—if you are already in my field (from my experience)	All the above, plus: How to turn data into information and then into action Social marketing - to change behaviors
Top three tips—if you are looking for great resources (web sites, book, journals, etc.)	Maternal and Child Health Journal
My expertise is in the following areas:	Maternal and Child Health Community Health Assessment Nutrition History of Public Health
Mentor Contact Information	
I would be willing to do the following (you may indicate more than one):	<input checked="" type="checkbox"/> Meet with you
	<input checked="" type="checkbox"/> Talk with you on the phone
	<input checked="" type="checkbox"/> Correspond with you via e-mail
	<input checked="" type="checkbox"/> Have you “shadow” me for a day
	<input checked="" type="checkbox"/> Be a preceptor for you on a project
	<input type="checkbox"/> I do not wish to be contacted but just wanted to offer the useful tips above
	Other (indicate)
How to contact me (you may indicate more than one):	<input checked="" type="checkbox"/> Phone: 614-644-8686
	<input checked="" type="checkbox"/> E-mail: ruth.shrock@odh.ohio.gov
	<input type="checkbox"/> Fax
	<input type="checkbox"/> Mail
	<input type="checkbox"/> Please do not contact me
	Other (indicate)